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| **JELOVNIK ZA REDOVNU NASTAVU: OSNOVNA ŠKOLA GALDOVO, GRAD SISAK**  **HEALTHY MEAL STANDARD KIDS MENU** | | | | | | |
| **TJEDAN: 17.04.2023-21.04.2023. GALDOVO** | | | | | | |
| **DAN** | **NAZIV OBROKA** | **HRANJIVE VRIJEDNOSTI** | | | | **ALERGENI** |
| **U/g** | **B/g** | **M/g** | **E/kcal** |
| **PONEDJELJAK** | **ČOKO ZDRAVE KUGLICE , BANANA KOMAD** | 79.6 | 14.6 | 9.4 | 459 | Gluten(S), Kikiriki(T), Soja(S), Mlijeko(S), Laktoza(S) |
| **UTORAK** | **JABUKA KOMAD , SALATA ZELENA , TJESTENINA S MLJEVENOM PURETINOM** | 57.8 | 18.3 | 13.3 | 423 | Gluten(S), Soja(T), Celer(T), Gluten(T), Celer(S) |
| **SRIJEDA** | **VARIVO OD GRAŠKA I POVRĆA S NJOKIMA , MANDARINA KOMAD , ŠKOLSKI KRUH 1/2 ŠNITE** | 62.0 | 9.6 | 9.2 | 374 | Celer(T), Gluten(T), Gluten(S), Jaja(T), Mlijeko(T), Celer(S), Soja(T), Soja(S), Sezam(S), Lupina(T) |
| **ČETVRTAK** | **PUREĆI PERKELT S PIRE KRUMPIROM , BANANA KOMAD** | 65.7 | 16.1 | 13.4 | 433 | Laktoza(S), Gluten(T), Mlijeko(S) |
| **PETAK** | **RIBLJI ŠTAPIĆI UZ KUHANO MIJEŠANO POVRĆE , SALATA RIKOLA , MALA JABUKA KOMAD** | 52.3 | 16.4 | 18.2 | 434 | Gluten(S), Riba(S), Mekušci(T), Celer(T), Gluten(T) |