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| --- | --- | --- | --- | --- | --- | --- |
| **JELOVNIK ZA REDOVNU NASTAVU: OSNOVNA ŠKOLA GALDOVO, GRAD SISAK**  **HEALTHY MEAL STANDARD KIDS MENU** | | | | | | |
| **TJEDAN: 02.10.2023.-06.10.2023. GALDOVO** | | | | | | |
| **DAN** | **NAZIV OBROKA** | **HRANJIVE VRIJEDNOSTI** | | | | **ALERGENI** |
| **U/g** | **B/g** | **M/g** | **E/kcal** |
| **PONEDJELJAK** |  |  |  |  |  |  |
| **UTORAK** | VARIVO OD GRAŠKA I POVRĆA S NJOKIMA , MANDARINA KOMAD , ŠKOLSKI KRUH 1/2 ŠNITE | 62.0 | 9.6 | 9.2 | 374 | Celer(T), Gluten(T), Gluten(S), Jaja(T), Mlijeko(T), Celer(S), Soja(T), Soja(S), Sezam(S), Lupina(T) |
| **SRIJEDA** | PUREĆI PERKELT S PIRE KRUMPIROM , BANANA KOMAD | 65.7 | 16.1 | 13.4 | 433 | Laktoza(S), Gluten(T), Mlijeko(S) |
| **ČETVRTAK** | SALATA KRASTAVCI KISELI , MANDARINE DVIJE , TJESTENINA S MLJEVENIM JUNEĆIM MESOM | 57.6 | 17.6 | 14.9 | 437 | Goruščica(S), Gluten(S), Celer(T), Gluten(T) |
| **PETAK** | JABUKA KOMAD , ZELENA SALATA , PANIRANI OSLIĆ S PIRJANIM MAHUNAMA I KRUMPIROM | 60.1 | 18.0 | 16.4 | 440 | Gluten(S), Rakovi(T), Riba(S), Mekušci(T), Celer(T), Gluten(T), Celer(S), Jaja(T), Soja(T), Mlijeko(T), Sezam(T) |